

Gentle Dental

INSTRUCTIONS

Post-Root Canal

- You **can** eat or drink once the freezing wears off, usually **1-2 hours later**.
- Discomfort or soreness in the area is normal for **a few days to a week**.
- To control discomfort, take any pain medication prescribed by the dentist as recommended. ****If antibiotics are prescribed, continue to take them until finished as prescribed.**
- Even though all signs and symptoms of infection are gone, taking ibuprofen (if you are medically able to take) before the numbness wears off can greatly reduce post-root canal pain.
- If you feel discomfort, please be sure to contact our office at **#604-371-0801**.